

Diaper Rash Ointment Buying Guide

All brands listed can be used with disposable diapers. A few commercially available diaper creams may be used with cloth diapers. For cloth diapers **ALWAYS AVOID DIAPER CREAMS WITH COD LIVER OIL or any other fish oils**. Recently many cloth diaper manufacturer's have developed diaper rash creams that are considered safe for cloth diapers. In many cases, diaper rash creams specifically developed for use with cloth diapers is preferred. Note, some diaper manufacturer's specifically state not to use rash creams when using their brand of diapers. Please **read and follow individual manufacturers directives where applicable**.

Click on each brand for more information.

Rating	Brand	Notes	Ingredients
		Compatible with cloth diapers both natural fibers and synthetics. Always check with your manufacturer. Also compatible with disposables..	
		Best to protect cloth diapers when using by using a liner. Less of a problem is usually noted with natural fibers diapers. OK to use with disposables.	
		Best to avoid use with cloth diapers. Definitely, plan to use a protective diaper liner.	
		Should not be used with cloth diapers. Disposables only.	
	A&D Original Ointment	Smelly from cod liver oil. Do not use with cloth diapers.	Active Ingredients: Petrolatum 53. 4%, Lanolin 15. 5%. Inactive Ingredients: Cod Liver Oil (Contains Vitamin A, Vitamin D), Fragrance, Light Mineral Oil, Microcrystalline Wax, Paraffin.
	A&D Zinc Oxide Cream		Active Ingredients: Ointment contains:: Dimethicone 1%, Zinc Oxide 10%. Inactive Ingredients: Aloe Barbadensis Extract, Benzyl Alcohol, Coconut Oil, Cod Liver Oil (contains vitamin a & vitamin d), Fragrance, Glyceryl Oleate, Light Mineral Oil, Ozokerite, Paraffin, Propylene Glycol, Sorbitol, Synthetic Beeswax, Water.
	Angel Baby Bottom Balm	Created for use with cloth diapers.	Olea europaea (organic olive) oil, Calendula officinalis (organic calendula) extract, Hypericum perforatum (organic St. John's wort) extract, Stellaria media (organic chickweed) extract, Plantago major (organic plantain extract), Butyrospermum parkii (shea) butter, Euphorbia antisyphilitica (candelilla), Simmondsia chinensis (organic jojoba) oil, proprietary blend of Lavandula angustifolia (lavender) oil, Melaleuca alternifolia (tea tree) oil and Commiphora myrrha (myrrh) oil.
	Aquaphor Baby Healing Ointment	Used often with dry skin. Used also as a 50/50 mixture with Maalox. Aquaphor may make a yeast rash worse.	Active Ingredients: Petrolatum. Inactive Ingredients: Mineral Oil, Ceresin, Lanolin Alcohol, Panthenol, Glycerin, Bisabolol.
	Balmex Ointment	Designed for use as a wetness barrier.	Active Ingredients: White Petrolatum 51%. Inactive Ingredients: Cyclomethicone, Dimethicone, Mineral Oil, Polyethylene, Silica.

★★	Boudreaux's Butt Paste*	Staining. Strong smell. Use only with a disposable liner. Can cause really bad staining.	Zinc Oxide 16%. Inactive Ingredients: Peruvian Balsam, Boric Acid, Castor Oil, Mineral Oil, White Wax, Petrolatum.
★★★★	California Baby	Does not stain. Seems suitable for light rash care.	Ultra-purified lanolin, vitamin-grade zinc (12%) and vitamin E, in addition to organic tea tree and aloe vera, proprietary Calming aromatherapy blend which includes French lavender, known for its soothing, antibacterial, and healing
★★★★	CJ's BUTTer	For diaper rash, eczema, and dry skin	Email cj@cjsewingroom.com for ingredients if desired.
★	Desitin Ointment	Smelly from cod liver oil. Do not use with cloth diapers unless you want your baby to smell like a fish market.	Zinc Oxide (40%) (Skin Protectant). Inactive Ingredients: BHA, Cod Liver Oil, Fragrance, Lanolin, Methylparaben, Petrolatum, Talc, Water.
★★★	Desitin Creamy	Zinc oxide is a drying agent so this would not be the choice for dealing with dry skin. Takes time to wash out of cloth but will with effort.	Zinc Oxide 10%. Inactive Ingredients: Aloe Barbadosensis Gel, Cyclomethicone, Dimethicone, Fragrance, Methylparaben, Microcrystalline Wax, Mineral Oil, Propylparaben, Purified Water, Sodium Borate, Sorbitan Sesquioxide, Vitamin E, White Petrolatum, White Wax.
★★★★	Grandma El's	From the makers of Happy Heiny's Diapers marketed as safe for cloth diapers. Some people have had repellency issues after repeated usage and some have had light staining. Others have not trouble at all with cloth.	Natural Vitamin E - <i>an anti-oxidant, derived from Wheat Germ Oil, Balsam of Peru natural derivatives - a plant of Peru, known as a healing agent. Salicylic Acid - Derived from Willow Bark and Promotes new skin growth. Yellow Petrolatum - A moisture barrier derived from natural mineral oil. Anhydrous Lanolin -</i>
★★★★	Magic Stick	Used for minor rashes and as a protective layer from wetness.	Vitis vinifera (Grapeseed) Oil, Apis mellifera (Beeswax), Limnanthes alba (Meadowfoam) Oil, Simmondsia chinensis (Organic Jojoba) Oil, Butyrospermum parkii (Shea) Oil, Rosa mosqueta (Organic Rosehip) and a blend of essential oils.
★★★	Triple Paste	Designed to relieve raw, irritated skin and create a barrier between baby's skin and the diaper. Fragrance-free. Hypoallergenic. I would avoid use if dealing with a yeast infection.	Active Ingredients: Zinc Oxide 11.6%. Inactive Ingredients: White Petrolatum; Corn Starch; Anhydrous Lanolin; Stearyl Alcohol; White Beeswax; Cholesterol; Polysorbate 80.
★★★	Weleda Calendula Diaper Care	Designed as a wetness protection barrier.	Ingredients (INCI): Beeswax, Benzyl Benzoate*, Benzyl Salicylate*, Calendula, Chamomile, Geraniol*, Glyceril Linoleate, Hectorite, Lanolin, Limonene*, Linalool*, Sweet Almond, Sesame, Water, Zinc Oxide.

Please consider all the ingredients present in the diaper cream you are evaluating and make sure that you are comfortable with the product being in direct contact with your baby's skin. Ingredients that would personally concern me would be petroleum based products, and fragrances. For more information on evaluating ingredients visit the [Skin Deep Cosmetic Safety Database](#)